

Sonoma Mountain Zen Center



# CALLING VOLUNTEERS

## *SAMU* 作務 - *work service*

In earliest Chinese times Samu was a work service and offering to support the monastery. The Japanese word “samu” comes from Chinese - tso-wu. Samu is made up of 2 characters sa meaning - work, production, tillage, or harvest and mu is to devote attention to or Buddhist service. It is a “work service” or the activity of sounding “work sutras” with pick and shovel. It is the activity or function of religious devotion to work.

### LOOKING TO RECONNECTING WITH SONOMA MOUNTAIN ZEN CENTER?

Come up for a visit and activate *Samu* - do some good work, exercise and get some fresh air among Sonoma Mountain’s Oaks, grass, beautiful tall Redwoods and it’s wildlife. We could use your help with outdoor land projects - demolishing old cabins, construction, clearing overgrown grass and brush, gardening, cleaning and raking paths. SMZC has established covid-19 safety guildelines and protocol for the Zen Center and it’s volunteers. All volunteers will work outside at a safe distance from one another.

Join our Shissui(workleader) Koten Price and help in the stewardship of SMZC. Samu is far beyond the thinking mind - to activate practice and put your whole-being into the Total Dynamic Working of the Universe! A wonderful way to ground your practice through the land and be a part of SMZC’s community.

Contact [office@smzc.org](mailto:office@smzc.org) and [koten@smzc.org](mailto:koten@smzc.org) for volunteering scheduling, area’s of interest and details.

